



WHAT IS THE DIFFERENCE BETWEEN PANDEMIC FLU AND SEASONAL FLU?

Pandemic Flu: A Primer

This week we will share the basics about pandemic flu and how it differs from seasonal flu. Stay tuned for the next issue where we will tell you the first step in preparing for pandemic flu.

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SEASONAL FLU:

- Occurs every year; usually during the winter months
- Caused by influenza viruses that are similar to those already affecting people
- Symptoms include fever, cough, runny nose and muscle pain. Deaths can be caused by complications such as pneumonia
- Primarily affects the very young, the elderly and chronically ill
- Generally has a minor impact on society (e.g., some school closings, people who are sick to stay home)

PANDEMIC FLU:

- Occurs rarely (3 times in the last 100 years)
- Likely to be more severe, affect more people, and cause more deaths
- Symptoms similar to the common flu may be more severe and complications more serious
- Healthy adults may be at increased risk
- A severe pandemic could change the patterns of daily life for some time

To request more information on how to prepare yourself, your family, and your agency for pandemic flu, leave your name, address, and phone number with the Citizens' Service Bureau at 622-4800. Your request will be forwarded to the Department of Health.



City of Saint Louis - Department of Health
DARE TO PREPARE!



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For Young People Up to Age 18

JUNE 8 - AUGUST 13

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For information about
site locations...

Contact: Youth & Family Services

Office: (314) 657-1695

14TH ANNUAL SENIOR SPRING JUBILEE
"Connecting the Community"

SENIOR FIESTA



FRIDAY,
MAY 13, 2011
10 AM - 2 PM

SCOTTISH
RITE
CATHARAL
3633 LINDELL
BLVD.
ST. LOUIS, MO

RSVP: CALL (314) 612-5918 BY FRIDAY, APRIL 29, 2011
FOR MEAL & TRANSPORTATION

TRANSPORTATION CONTRIBUTIONS ACCEPTED.



KINDERGARTEN KICK-OFF

**Saturday,
October 14, 2006
10:00 a.m. - 12:00 noon**

**International Institute
3654 S. Grand
Forest Park
Community College
5600 Oakland
Monsanto Family YMCA
5555 Page**

**Learn about the quality kindergarten
options available in the City of St. Louis.
Visit with representatives from public
(including magnet and charter),
parochial and independent schools.**

**For more information, call
622-3201**



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ALSO IN ATTENDANCE:

